



Reading Youth Hockey

<http://www.readingyouthhockey.org/>

Agenda



Introductions to fellow coaches and the Board of Directors



RYH Mission and Charter and Burbank Partnership

20 minutes

Sean Collins, RYH President
Ed Peduto, GM Burbank Ice Arena



Coaches roles, expectations, and resources

20 minutes

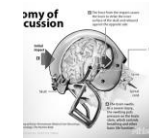
Process and Certifications
Guidelines
Resources- Ice Hockey Systems et al



Covid Protocols

20 minutes

For Coaches, Rinks, and Families



Injury Prevention and Concussions

20 minutes

Steve Clark



Board of Directors

President	Sean Collins	seanpcollins9@gmail.com	781-439-7450
Vice President	Jeff Hansen	hansenjeff10@gmail.com	201-736-8153
Treasurer	Tim Parsons	t_parsons@verizon.net	978-490-0451
Secretary	Carl Branson	cbranson@athenahealth.com	617-939-6109
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Bantam Director	Dennis O'Neill	oneillnational@gmail.com	917-838-2385
Communications Director	Julie Silbovitz	julie.draper@gmail.com	617-721-0369
District 10 Representative	Paul Deceasre	paul.decesare@comcast.net	781-439-8960
Equipment Director	Keith Raymond	keithraymond99@yahoo.com	781-254-7549
Fundraising Director	Jessica Lynch	jessica.l.meehan@gmail.com	617-694-3781
Girls Director	Tim Joyce	tjoyce125@yahoo.com	508-574-7097
Ice Director	Casey Moulton	caseylmoulton@gmail.com	781-696-8591
In-House/ Travel Mite Director	Dave Gordon	djgordon1972@gmail.com	
Midget Director	Chris Meehan	ryhmidgethockey@gmail.com	
Peewee Director	Dave Ferullo	d.ferullo@comcast.net	339-293-3493
Registrar	Lori Russo	Lori.russo03@gmail.com	617-997-3462
Squirt Director	Chris Barry	cmb150@hotmail.com	781-248-4535
Valley League Representative	Scott Priestly	spriestley88@me.com	617-594-9402



RYP Mission and Charter; Burbank Partnership

Ed Peduto, GM Burbank Ice Arena

Sean Collins, President RYH



Reading Youth Hockey (RYH) is a non-profit organization that serves 300+ kids age 4-18, based out of Burbank Ice Arena in Reading, Mass.

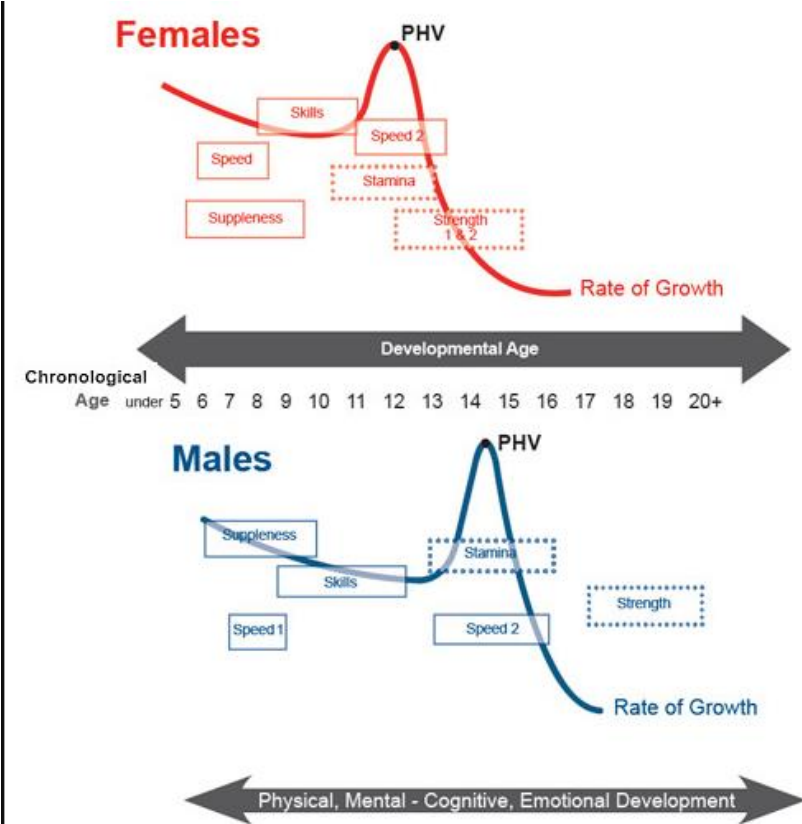
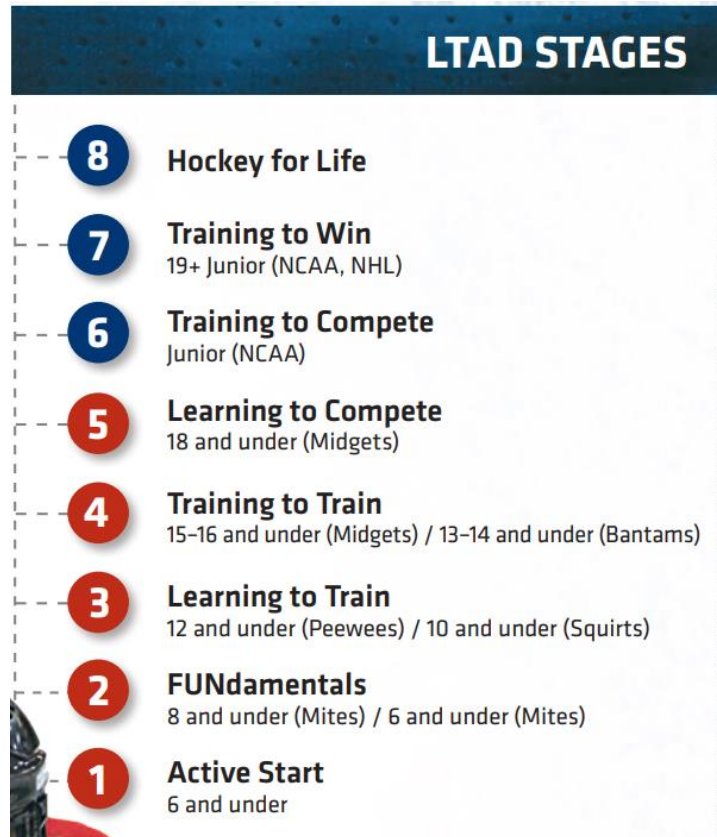
RYH offers kids the opportunity to play ice hockey and accomplish a number of goals. These goals are:

- to **teach** the game of ice hockey,
- **develop** and encourage sportsmanship,
- emphasize commitment, dedication and **hard work**,
- establish a **culture** of fitness for our youth, and
- encourage self-discipline, individual responsibility and **respect** for others.

These are all qualities that can be used throughout their lives and make each child a well-rounded team player for the future.



American Development Model and LTAD



Coaches Code of Conduct



- I will remember that I am here to help my players learn, have fun, and play in a safe environment. I am not here to "win at all costs" and/or promote my coaching abilities.
- I will treat each of my players equally and with respect. I will not belittle, unfairly criticize, or punish a player. I will focus my efforts on providing constructive feedback, teaching, and supporting.
- I will accept the fact that my players are not of equal skill level. This should not result in less ice time for any player. I will make every effort to see that all my players have equal opportunity to play.
- I can expect all my players to be committed to the team and show up for all practices (except when ill). I have a right to reduce a player's ice time when they have an excessive number of absences from practice.
- I can demand my players respect and attention. I have a right to reduce a player's ice time when they consistently disregard my instructions or are disrespectful to me.
- Whenever I reduce a player's ice time, I will communicate to the parents the reason for the reduced ice time.
- I will make my contact information and the league director contact information available to the parents.
- I will promptly address any concerns raised by parents. If I am unable to do so, I will direct the issue to
- the director of the league in a timely manner. I will respect and abide by the decision made by the director to resolve the issue.
- I am responsible for communicating to the parents all schedule changes and other pertinent league information in a timely manner.
- I will demand good sportsmanship and respect from my players. I will not tolerate the putting down or insulting of one player by another. I understand that I am responsible not only for the physical but the emotional well-being of my players. I will always make sure that I or an assistant coach is present in the locker room at all times to monitor my player's behavior.
- I will make sure that my team "lines-up" for a handshake at the end of each game as a way of teaching and demonstrating good sportsmanship.
- Checking (Bantam level) will be taught as a hockey skill and not as a means to intimidate or hurt another player. I will emphasize the skills part of the game (passing, skating, positioning, shooting, etc...) and teach how to properly and legally check (also showing what is illegal and how it could possibly injure a player).
- Aggressive behavior that involves intent to hurt someone, by one of my players, will not be tolerated and will be brought to the attention of the league director and the parents.
- I will treat all referees with respect and not question their calls. I do have a right to ask for clarification on a call.
- For safety reasons, I will not allow a player, not properly equipped, to practice or play in a game.
- I understand that my failure to abide by this code of conduct may lead to my dismissal as a coach in future seasons or immediate dismissal depending on the severity of the breach.



Coach Certification and Training



Coach Certification and Training

Coaching Your Team



If you think there are a lot of “requirements” to be a youth coach, you are correct. All of them, whether they are registration-related or education-related, have been enacted because they are good for our young players.

Registration – You need to register with USA Hockey as a Coach. This provides you with ongoing information about coaching during the season and with some insurance coverages that can benefit you. Be sure to align these with your own insurance, of course. This must be done before you participate with your team. Click &/or copy & paste this link: <https://www.usahockeyregistration.com>

Dashboard of your Current Coaching Status with USA Hockey – For returning Coaches please check your current status (as recorded by USA Hockey) by logging in at the following location; this view provides a single pane view of training/certification along with links to many of the systems you may need to access to complete certifications/training/screening for the current season.



Coach Materials



- [Coach Guidebook](#)- Tips for being a volunteer coach for Reading Youth Hockey
 - Head Coaches: Team Account for [Ice Hockey Systems \(IHS\)](#) to share with ACs.
 - Access to [Goalie drills](#) from Joe Bertagna
 - [Roster scorecard template](#) - template for roster for scoresheets
 - Access to [USA Hockey Practice Planner Guides](#)
 - [Roster template](#) – template for roster cards
 - [Player Awards Form](#) - Mass Hockey award form for a hat trick, playmaker, or zero goals in a game
-
- Team Kickoff Agenda Draft



Microsoft Word
Document

*Resources all available on the RYH
[Coaches Corner](#)*



Process to Add Games on RYH and Notifications



- The coaches/team parent can add any tournament (ie, non-Valley) games to the calendar. The BOD Scheduler will load all Valley games centrally as they are released
 - *EXCEPTION: If there is a change in a Valley game, then the coaches/team parent should edit that change for the reschedule. If there is a reschedule that creates a conflict with a scheduled practice, let Casey Moulton know and she will try to swap for a different practice slot.*
 - *REMINDER: Notify Casey Moulton and Scott Priestley of Tournament schedules so you aren't assigned a practice that weekend, and we can try to block the weekend with the Valley League from scheduling a game.*
- Coaches/team parents should not edit practices – rather email Casey Moulton and the League Director to advise the ice will not be used so they can offer to other teams.
 - *RATIONALE: We had issues in the past if teams had a conflict and they tried to remove themselves, but instead removed the entire practice.*





Team Manager- Do you have one?

The responsibilities of a Team Manager is to help ensure the Coach can focus their energy on both the team and individual player's development for the year. The Team Manager assists the Coach with overall communications between the Coach and the parents, as well as plan and organize team activities. Following are the key responsibilities of the Manager, with details and required links with more information.

Team Manager Responsibilities

- 1) Plan and schedule with the coach any events; tournament or celebrations
- 2) Assist with distributing the jerseys; create a team roster with players & numbers
- 3) Assist with making sure players are registered with USA Hockey
- 4) Send team news, tournaments, achievements, pictures to be placed on the website/Facebook

ACTION: Send name to Lori Russo to Designate on Website Roster



COVID Protocols (a/o Aug 29, 2020)



- **RYH Protocols:**

- <https://bit.ly/2EQujra>
- Includes snapshot of Overall guidance along with specifics for use of Burbank Arena and VHL Games (PH3, Step 1).

- **MA Hockey Coronavirus Pandemic Hockey Resources:**

- <https://bit.ly/2QFRLtJ>

- **MA Hockey Phase III, Step 1 FAQ:**

- <https://bit.ly/2YTorEB>



GAMES: RETURNING TO THE RINKS FAQ:

 Limitations on Ice Hockey During Massachusetts Phase 3, Step 1

SLIDES SHARED DURING WEBINAR:

 Games: Returning to Rinks Slides

MASSACHUSETTS FACE COVERINGS DEFINITIONS:

 Updated Face Coverings Definitions

*Do your best to follow guidelines!
Don't be the one to shut down games or worse!*



Overview



Practices at Burbank

- Arrive no more than 10 minutes before start
- Players fully dressed (except helmet/skates/gloves)
- Everyone wears masks inside Burbank; players can remove before stepping on the ice
- 1 guardian max per skater
- 1 team per 2 locker rooms. Room 1&2 for older or lower numbered team (ie. PW in 1-2 and Squirts in 3-4; or PW 1 in 1-2 and PW 2 in 3-4).
 - Take bags to bleachers before stepping on ice so locker rooms can be cleaned for next group.
- Guardians: Keep masks on and observe social distance spacing while watching
- Coaches: Wear masks on ice

Games

- No Body Checking and Scrums will be blown down quick
- Players/Coaches wear masks on bench and Centers wear masks for face-offs
- Arrive at games no more than 15-minutes before start fully dressed (except skates/gloves/helmet)
- Leave within 15 minutes of game completion
- Check rink for # of spectator rules. Many are NOT allowing any spectators, and others are allowing 1 per player.
- 10% discount to Livebarn for RYH; Share with your teams for anyone interested.
 - *10% DISCOUNT - PROMO CODE: d9da-1306*

Players: Bring your own water bottle!





Steve Clark
Injury Prevention and
Concussions

- Doctor of Physical Therapy
- Sports Performance Rehab Director
- Assistant Clinical Professor
- RYH Dad!☺



Takeaways



- Continue our great partnership with Burbank.
- Embrace ADM and LTAD and let's leverage RYH/MA Hockey resources to help each of our players optimize their development as people and players.
- Get your Coaches Training completed. Check your personal dashboard on what you may have left to complete at:
 - <https://courses.usahockey.com/public/>: "My Profile" -> "Coaching Information"
 - Get the most from the USA Hockey training opportunities...both online and in the "virtual classroom."
- Coaches Corner on RYH website has answers to many FAQ from Coaches. Check out the Coaches Guidebook as a starting point.
- Spend less time designing, drawing, and explaining drills on the ice by using Ice Hockey Systems. It should help your players to get more touches on the ice and allow you to focus on coaching "value-added" elements.
- Review COVID Protocols and do your best to enforce and support guidelines. Let's not be the ones to wreck it for others.
- Having a plan for dealing with injuries, and increasing knowledge of recognizing concussions symptoms and how to address, is critical.
 - Slides from Steve Clark will be shared and possibly follow-on session(s) scheduled.