

Thursday July 27 - Meet Starts at 1:15pm

Session 1 -- 9-10 Age Group

	Competition Pool						Non-Competition Pool												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
12:15P	FCST	FCST	WMST	WMST	SCC	SCC	1-Way Starts		FAST	FAST	HST	HST	TST	GPST					
12:30P	HPST	HPST	FB	CRA	CRA	WL	1-Way Starts		HHT	HHT	WPST	WPST	CW						
12:45P	BPST	MGST	MGST	QM	QM	WWST	1-Way Starts		BGC	BGC	MCC	SL	BST						

15 minute warm-up sessions

Thursday July 27 - Meet Starts at 6:00pm

Session 2 -- 11-12 Age Group

	Competition Pool						Non-Competition Pool												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
5:05P	CRA	CRA	HST	HST	GPST	MCC	1-Way Starts		HPST	WL	WWST	BPST	BPST	QM	QM	BST	FB		
5:25P	MGST	SCC	HHT	WPST	BGC	BGC	1-Way Starts		FCST	FCST	WMST	WMST	FAST	FAST	SL	TST	CW		

20 minute warm-up sessions

Friday July 28 - Meet Starts at 9:00am

Session 3 -- 8 and Under Age Groups

	Competition Pool						Non-Competition Pool												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
8:00A	1-Way Starts		CW	SL	SL	GPST	1-Way Starts		HHT	HHT	HHT	CRA	CRA	CRA	MGST	MGST	WWST	WWST	
8:15A	1-Way Starts		WL	WL	HPST	HPST	1-Way Starts		FCST	FCST	FCST	WPST	WPST	BGC	BGC	WMST	WMST	TST	TST
8:30A	1-Way Starts		FAST	FAST	FAST	BST	1-Way Starts		SCC	SCC	SCC	FB	BPST	HST	HST	QM	QM	MCC	

15 minute warm-up sessions

Friday July 28 - Meet Starts at 3:00pm

Session 4 -- 13-14 and 15-18 Age Groups

	Competition Pool						Non-Competition Pool												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
1:50P	1-Way Starts		WMST	WMST	FCST	FCST	1-Way Starts		WL	SL	SL	SCC	SCC	MGST	FB				
2:10P	1-Way Starts		BGC	WWST	CW	TST	1-Way Starts		FAST	FAST	FAST	QM	QM	GPST	BST	HST	HST		
2:30P	1-Way Starts		WPST	WPST	WPST	MCC	1-Way Starts		BPST	BPST	HPST	HPST	HHT	CRA	CRA	CRA			

20 minute warm-up sessions